

Important Dates:**11/4 No School Teacher Workday****11/8 PTA Mtg 7:00 pm****11/11 No School- Veteran's Day****11/23 Early Dismissal 1:15 pm****11/24- 25 No School- Thanksgiving Break****PSA**

This is a reminder that Election Day is approaching. If you are a registered voter, you will receive your ballot. On the back of the ballot, near the bottom, will be our school bus levy. This is a 2-year levy that will provide funds to replace our old buses and includes bus safety technology. The levy will allow us to meet these needs while protecting the funding to our classrooms and school. You can find details at

bellingshamschools.org. Please remember to vote and return your ballot by Tuesday, Nov. 8.

Impuesto Para Autobuses Escolares

Este es un recordatorio de que se está acercando el día de las elecciones. si usted es un votante registrado, recibirá la voleta alrededor del 19 de octubre. En la parte de atrás de la voleta encontrará el impuesto para los autobuses. Es un impuesto de dos años que ayudará a reemplazar los autobuses viejos y a incluir tecnología de seguridad. Este impuesto nos permitirá satisfacer estas necesidades y al mismo tiempo proteger los fondos para las aulas y las escuelas. Puede encontrar mas detalles en bellingshamschools.org Por favor recuerde votar y regresar su voleta antes o el martes 8 de noviembre

Breakfast in the Classroom

Our Breakfast in the Classroom program has been going well since it started in the spring. Students eat breakfast during the morning routine when teachers typically do things like take attendance, collect homework, read aloud, and review the plan for the day. Studies have shown that Breakfast in the Classroom improves academic achievement, as well as attendance and overall health. A reminder that if you do not want your child to participate, please let your child's teacher know. If your child has life-threatening food allergies and you do not want Breakfast in the Classroom for your child, please contact your school secretary to fill out a diet prescription form, which will be returned to Food Services. Please know that we will follow the same procedures that we use currently regarding food in the classroom and cafeteria. If you have any questions, please contact our school office at 676-6404 or Food Services at 676-6504.

Lost and Found

Please find the time to visit our Lost and Found area. It is looking very full. Also, please **label your child's clothing**. Thank you!

**Recess Info**

Just a reminder that the weather is changing and we ask that our students to dress in layers and to label your child's clothing. Thank you!

PTA News

November 8th is our PTA Meeting at 7:00pm. Everyone is welcome, please come and join us, find out more about PTA and upcoming events and volunteer opportunities.

Reminder: Please send in your PTA membership paperwork. Becoming a paying member of the PTA allows us to maintain our association with the WA State PTA and gives you a vote at PTA meetings. Membership forms can be sent back in chat folders with your students.



Information about head lice:

- Anyone with clean or dirty hair can get head lice.
- Head lice are common and live on a head for about month before the itching starts, usually the first sign that gets them noticed. Chances of transferring them to another person are not any higher just because of discovery. An itchy scalp may continue after treatment.
- It is less likely for head lice to be passed between students during school time because of the precautions in place to reduce this possibility. Studies indicate that most (about 90%) head lice cases originate somewhere other than at school.
- Head lice need to feed frequently and cannot live long if they fall off a head.
- They do not hop, jump or fly. They can only crawl, and have unique curved feet for grasping hairs. They cannot stick or climb up smooth surfaces like other insects.
- Nits (eggs) are laid within ¼" of the scalp and will hatch in about 7 days. Lice treatment products help kill and remove lice but you still must physically remove lice and nits by combing or picking them out. Nits on hairs that fall off can't hatch as the warmth of the scalp is needed.

What you can do:

- Check your child about once a month for signs of lice or nits in the hair.
- Teach them not to share hats, scarves, or hair items and to avoid head-to-head contact.
- Long hair can be braided or pulled back to reduce accidentally brushing against others.
- If you find head lice or are notified that your child is suspected of having them, do not panic. They do not carry disease and there are effective ways to get rid of this pest.

What we do if head lice are suspected on a student:

- Parents/Guardians of the student are called and treatment options are discussed. The student will be reminded not to share hair items or have head to head contact and can go home as usual at the end of the day. They should be treated that evening and can return to school the next day, once treated. In most situations, a student will not need to be absent because of head lice.
- For communication purposes, if a classroom has two or more students with infestations, other parents at that grade level will be notified that head lice have been an identified at school. Identities of students are never disclosed in this notification.

If your family is having difficulty getting rid of head lice, or cost of treatment is a problem, please contact your school nurse for help and support.

For more information on how to treat, please see visit the school's website. Click on the Family's tab and scroll down to health information. More information about head lice and treatment can also be found on the website at www.cdc.gov/lice .